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We support Young Carers by providing a safe place for them to share, relax and have fun.

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Volunteer with us!

We couldn't do what we do without the support of our incredible volunteers and trustees, who give their time to support the charity. Want to know more? Visit:



Unit 12, Winnall Valley Road, Winchester, SO23 0LD



www.winchesteryoungcarers.org.uk



01962 808339

Charity No. 1155854



Supporting Young Carers since 1999



01962 808339



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Unit 12 Winnall Valley Road SO23 0LD

Our Vision

We believe young carers are children first and should be free to develop emotionally and take full advantage of opportunities for educational achievement and life success.

"I enjoyed getting out the house and having fun"

— Young Carer, 15, cares for mum



What we do

Our Exploration Programme provides emotional support, builds resilience and develops self-esteem while our Activities Programme provides respite and access to new experiences.

"I know more about other people's caring roles and that I am not alone in this world"

— Young Carer, 13, cares for twin sister

Our Mission

To improve the lives of children and young people with caring responsibilities by providing safe, quality support to individuals and offering a holistic approach to the whole family.

"I feel more confident about sharing my worries"

Who are young carers?

Young carers are children and young people who care for an unwell or disabled family member. They could be caring as their family member has a long-term illness, physical disability, learning difficulty, mental ill health or addiction to drugs or alcohol.

Young carers may be providing emotional and/or physical care.

Donating to us

We are an independent charity, relying on the kind donations of individuals, charitable trusts, grants and sponsorships to provide the vital support we offer to local families.

To donate, visit:

