



**Relationship Sex and Health Education Autumn Term 1 2024**

<b>Year 7</b>	<b>Week Beginning</b>	<b>Topic</b>
<b>Autumn 1</b>	9 September 24	Transition to Secondary School
	16 September 24	Using Online Learning Resources
	23 September 24	CAT tests
	30 September 24	Personal Safety: In and Out of School
	7 October 24	Puberty
	14 October 24	Unicef Rights Respecting School
	21 October 24	Careers Stereotypes

<b>Year 8</b>	<b>Week Beginning</b>	<b>Topic</b>
<b>Autumn 1</b>	16 September 24	Turning into Teens: Making Healthy Choices
	23 September 24	Media Literacy Lesson 1
	30 September 24	Healthy Choices: Impact of Caffeine and Legal Substances
	7 October 24	Recognising Discrimination
	14 October 24	Summary Writing/RSHE
	21 October 24	Career: Jobs versus Careers

Year 9	Week Beginning	Topic
<b>Autumn 1</b>	16 September 24	Healthy Friendships
	23 September 24	Online Safety
	30 September 24	Assertiveness: Having a Voice
	7 October 24	Substance Misuse/Gang Exploitation
	14 October 24	Summary Writing/RSHE
	21 October 24	Careers: Thinking about College

Year 10	Week Beginning	Topic
<b>Autumn 1</b>	16 September 24	Wellbeing
	23 September 24	AI & Deepfakes
	30 September 24	Mental Health: Stigma
	7 October 24	#Be Well: Wellbeing Survey
	14 October 24	Revenge Pornography: Child-on-Child Abuse
	21 October 24	Summary Writing/RSHE

Year 11	Week Beginning	Topic
<b>Autumn 1</b>	16 September 24	Drugs and the Law
	23 September 24	Online Safety
	30 September 24	Careers Prep for Careers Fayre
	7 October 24	Finance: Setting up a Bank Account
	14 October 24	Finance: Employment and Independent living
	21 October 24	Summary Writing/RSHE

Health & Wellbeing
Living in the Wider World
Relationships
Careers