

CAREERS ADVISER SWANMORE COLLEGE

My name is Linda Corry, and I am an independent Careers Adviser working in different schools. On Monday and Thursdays, I work here in Swanmore college.

I have the Post Graduate Diploma in Careers Guidance and have been practicing for over 20 years.

My role is to help young people make decisions about their education, training and work options by providing advice and guidance.

The benefits of a careers interview are.

- a. To improve motivation and self confidence
- b. Identifying achievable outcomes
- c. Improve decision making skills.
- d. Increase awareness of opportunities

During the careers interview we will discuss

- a. How to identify your personal qualities and skills.
- b. How to identify skills you would like to develop.
- c. Potential careers you are interested in.
- d. Current and future opportunities.
- e. Your decisions for work and study in the short and long term.
- f. Interests, likes and dislikes, family influences, and think about how life outside of school can contribute to employability.

By looking at the above we can come up with future plans and next steps whether it be further study or work- based training.

In order to prepare for your careers interview you can think about the following areas that we may talk about;

1. Your current situation: current ideas, what you have done already and what you plan to do.
2. What you would like to change.
3. Qualification or experience you might need for careers you are interested in.
4. Your subjects in school and hobbies.
5. How much control you feel you have in making choices.
6. Any ideas you might already have but don't know how to move forward with them or perhaps you have no idea at all.

Remember the interview is led by you and what you want to talk about relating to Careers and your plans for when you leave Swanmore.

At the end a summary and plan of key action points for the short term will be written and shared with you. We encourage you to share this with your tutor and parents.

Remember you can have further interviews if you need to discuss anything again or need help with applications for courses or apprenticeships.