

Hampshire PE and Sport conference

June 2009

Steve Grainger
Youth Sport Trust

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THANK YOU!

- PSA target smashed
- Growing recognition of importance of PE and Sport
- PE and Sport with a high profile
- Good work or Great work?

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Transformation – more young people participating

- Increased curriculum time
- Increased after school provision
- Wider range of activities
- Clearer routes for continuation



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Transformation – more young people performing

- Improved skill development
- Support in school for talented performers
- Better progression to more appropriate clubs
- Improved competition structures



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Transformation – more young people leading & volunteering

- Sports leadership in school curriculum
- Increased volunteering in after school sport and local clubs
- Improved routeways into teaching, coaching and officiating



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Transformation – improving schools



- Improved attainment
- Improved behaviour
- Improved attendance
- Improved concentration
- More young people achieving

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Next 5 years

- **2008** – PSA target to 85%, Sports Colleges to 450.
- **2010** – Access to 4-5 hours PE and Sport for all young people
- **2012** – Olympics/Paralympics and a world class system for PE and School Sport
- **Post 2012** – Best opportunities ever for young people in PE and sport

To be a GREAT system

Create more opportunities for more young people to participate, perform and lead/volunteer in PE and School Sport



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To be a GREAT system



Utilise PE and Sport
to raise the
attainment and
achievement of
young people



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Participation

- Supporting anti-obesity work – but we are not the only answer!
- Re-development of TOP Tots, Start and Play
- Norwich Union Girls Active
- Innovation for non (& slow) participants

Performance

- Re-development of Junior Athlete Education
- Competition pathways and development of Competition Managers network
- UK School Games
- Playground to Podium – Disability Pathways

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Volunteering and Leadership

- Development of leadership opportunities in primary & KS3
- Volunteering at major events
- Young Officials Project with “V”

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Learning in and through PE and sport

- PE and Sport as an **ACTIVITY**
- PE and Sport as a **SUBJECT**
- PE and Sport as an **ENVIRONMENT**
- PE and Sport as a **TOOL TO EXPLORE VALUES**

PE and Sport as an activity – young people learning *in and through*



- **Learning about self confidence**
- **Learning new communication skills**
- **Learning about the benefits of exercise on the body**
- **Learning about working together**

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PE and Sport as a subject – young people learning *in and through*



- Learning in a real life and real time context
- Learning about real life issues
- Learning that learning can be fun!
- Learning that we can achieve where previously we thought that we couldn't

PE and Sport as an environment – young people learning *in and through*



- Learning about attendance and commitment
- Learning about the importance of goal setting and targets
- Learning about developing self belief and ambition

PE and Sport as a tool to explore values – young people learning *in and through*



- Learning respect for others & for rules
- Learning about diversity
- Learning to win and to lose
- Learning about the motivation of others

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THE NEXT BIG CHALLENGE



Ensuring that all young people can access, by 2010, 4-5 hours per week of PE and sport - 2 hours in the curriculum and 2-3 hours beyond the school day

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Issues to consider

- Facilities for PE and School Sport
- Workforce development
- Competitive sport structures
- Availability of enough accessible sports clubs – including less traditional activity
- Continuing to demonstrate the impact across the school

PERSPECTIVES

In most of what we do there is no one single right way to do it – there are many!

“Change your thoughts and you can change the world!”

ROBERT H.SCHULLER

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POSSIBILITIES

What we can't imagine we can't do

*Resolve never to quit, never to give up,
no matter what the situation”*

JACK NICKLAUS

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PEOPLE

Recognition of what we each do, taking pride in everything we do and respect for what others do

“A pessimist sees the difficulty in every opportunity: an optimist sees the opportunity in every difficulty”

SIR WINSTON CHURCHILL

**“Simplicity is the ultimate
sophistication”**

LEONARDO DA VINCI

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