

How to use my revision timetable

- Your starting point should be to write in all of your exams on the revision timetable.
- You then should create a list of the topics to be revised for every subject.
- Prioritise them and estimate how much time each topic will take.

Filling in the blank timetable

You should be revising for a **minimum** of two hours each school day and have at least two half days off over a weekend. Remember to build in rest breaks and treats!

Building reviewing into the timetable every day

Taking the 'Forgetting Curve' into account, it is a good idea to have a 'Testing' time built into every day. This is a time when you will make sure that you do KNOW what you learnt earlier in the day (or perhaps the day before). This will strengthen the memory trace, and have the added advantage of making you talk about what you have learnt, giving you practice in expressing the facts and ideas you will have to write about in the exam. Parents and others doing the same exam can help with this. One learning session is *definitely* not enough for any learning like vocabulary, keywords and definitions or dates.

Highlighting

You should tick the topics on your revision plan as soon as you have revised them, but not highlight them until after you have been tested on each one successfully. It is satisfying keeping this up to date, adding to it each day - and when you see topics that you have not highlighted it will remind you to look at them again.

Remember to get at least 8 hours sleep each night and eat and drink well during exam periods.

	MONDAY	TUESDAY	WEDNESDAY
9.00	Test yesterday's revision	Test yesterday's phrases/vocab.	Test yesterday's keywords
10.00	Learn new vocab. p.13,14	Learn keywords for English	Learn new vocab.
	English (or whatever) Paper 1	GEOGRAPHY Topic 3 Topic 4	Maths Equations Shapes
12.00	LUNCH	LUNCH	LUNCH
2.00	BIOLOGY Topic 1 Topic 2	HISTORY Topic 1 Topic 2	
4.00	TEA	TEA	TEA
6.00	TESTING on Whatever you have learnt during the day (then highlight topic if you have proved you know it)	TESTING on Whatever you need to review from yesterday and today	
	7.00		
	SUPPER ↓	SUPPER ↓	SUPPER ↓

Swanmore College

Name:

Week beginning:

	Am sessions		Pm sessions		
Exact times					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
	Am sessions		Pm sessions		
Exact times					
Saturday					
Sunday					